



Monday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 4:30 p.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Low Impact Exercise**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Hand and Foot Canasta**
12:15 - 3:30 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Pinochle**
12:30 - 3:30 p.m.
- Creative Crafts**
1:00 - 3:00 p.m.

MONTHLY PROGRAMS

- 10 - Movie
11:30 a.m. - 1:30 p.m.
- 24 - Movie
11:30 a.m. - 1:30 p.m.

Tuesday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 4:30 p.m.
- Gentle Mat Yoga**
9:00 - 10:00 a.m.
- Rock Shop**
9:00 a.m. - 12:00 p.m.
- AARP Driver Safety Class**
9:00 a.m. - 1:00 p.m.
(March 4, 11, 18)
- Quilting**
9:00 a.m. - 1:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Gentle Mat Yoga**
10:15 - 11:15 a.m.
- SAIL**
10:15 - 11:15 a.m.
- Senior Discussion Group**
11:00 a.m. - 12:00 p.m.
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 11 - Medicare Counseling
(by appointment only)
- 25 - Medicare Counseling
(by appointment only)

Wednesday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 4:30 p.m.
- Euchre**
9:00 - 11:30 a.m.
- Happy Feet Foot Care**
9:00 a.m. - 3:00 p.m.
(March 5, 12, 19)
- Line Dancing**
10:00 - 11:30 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Wii Bowling**
12:00 - 2:00 p.m.
- Rock Shop**
12:00 - 3:00 p.m.
- Cribbage**
12:30 - 3:00 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Club 500**
12:30 - 3:30 p.m.
- Bunco**
1:00 - 3:00 p.m.
(March 12 and 19)

MONTHLY PROGRAMS

- 5 - Adaptive Board Games
10:30 a.m. - 12:00 p.m.
- 19 - Adaptive Crafts
10:30 - 11:30 a.m.
- 26 - Book Club
12:30 - 2:30 p.m.

Thursday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Needleworkers**
9:00 - 11:30 a.m.
- Country Music Jam**
9:00 a.m. - 12:00 p.m.
- Open Tech Lab**
9:30 - 11:30 a.m.
- Creekside Crickets**
10:00 - 11:30 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Fun Functional Fitness**
12:00 - 12:45 p.m.
- Rock Shop**
12:00 - 3:00 p.m.
- Cribbage**
12:45 - 3:15 p.m.
- Women's Pool**
1:00 - 4:30 p.m.

MONTHLY PROGRAMS

- 27 - Caregiver Support Group
1:00 - 2:30 p.m.
- 27 - Writers Club
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 4:30 p.m.
- Chair Yoga**
9:00 - 10:00 a.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Hearts**
9:00 a.m. - 12:00 p.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Bloomingtones**
9:30 - 11:30 a.m.
- Low Impact Exercise**
10:00 - 11:00 a.m.
(no class March 21)
- Boutique**
10:00 a.m. - 1:00 p.m.
- Chair Yoga**
10:15 - 11:15 a.m.
- SAIL**
10:15 - 11:15 a.m.
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 21 - Fare for All
11:00 a.m. - 1:00 p.m.
- 28 - Dance Your Sock Off
7:00 - 9:00 p.m.

Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the Dance, said he

-The Dubliners

"Lord of the Dance" (1975)



QR code for information and registration for activities at Creekside Community Center



CREEKSIDE COMMUNITY CENTER

Programs for ages 50+ and/or adults with a disability

952-563-4944
MN Relay 711

CREEKSIDE@BLOOMINGTONMN.GOV

ARTS & CRAFTS

Boutique: Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters. Mondays-Thursdays, 10 a.m. - 3 p.m. and Fridays, 10 a.m. - 1 p.m.

Creative Crafts: Bring a project you are working on or create something from our donated supplies. Mondays, 1 - 3 p.m. No fee.

Leatherworking: Learn to make useful items and works of art. Tools, leather, and dyes available to use. Mondays and Wednesdays, 12:30 - 3 p.m. No fee.

Needleworkers: Socialize while creating blankets, scarves, and other clothing items. Thursdays, 9 - 11:30 a.m. No fee.

Quilting: Share your talents with this group. Tuesdays and Fridays, 9 a.m. - 1 p.m. No fee.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesdays, 9 a.m. - 12 p.m., Wednesdays and Thursdays, 12 - 3 p.m. \$5 fee per visit.

Woodshop: Fully equipped woodshop open Mondays, Tuesdays, Thursdays, and Fridays, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Mondays, 12:15 - 3:15 p.m. \$1 to play. Participants must bring a partner.

Club 500: Tuesdays, Wednesdays, and Fridays, 12:30 - 3:30 p.m. \$1 to play.

Cribbage: Wednesdays, 12:30 - 3 p.m. and Thursdays, 12:45 - 3:15 p.m. \$1 to play.

Euchre: Wednesdays, 9 - 11:30 a.m. \$1 to play.

Hand and Foot Canasta: Mondays, 12:15 - 3:30 p.m. \$1 to play.

Hearts: Fridays, 9 a.m. 12 p.m.

Pinocle: Mondays, 12:30 - 3:30 p.m. \$1 to play.

EDUCATION

Creekside Book Club: Join us for a discussion on current and classic novels. 4th Wednesday, 12:30 - 2:30 p.m. Call for book titles. No fee.

Library: An extensive collection of books and puzzles to borrow. Stop in and place a piece or two in our community puzzle. Mondays - Fridays, 8 a.m. - 4:30 p.m. No Fee.

Open Tech Lab: Volunteers are on hand to assist with technology questions. Bring your own laptop, tablet, or cell phone. Thursdays, 9:30 - 11:30 a.m. No fee.

Senior Discussion Group: Enjoy conversation with older adults on a range of topics such as adjusting to retirement, staying healthy, current news, and more. A chance to meet new people and share your interests. Tuesdays, 11 a.m. - 12 p.m. New fee.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. 1st, 2nd, and 3rd Tuesdays, 9 a.m. - 1 p.m. Reservations required. Fees apply.

Writers Club: For all skill levels. 4th Thursday, 1 - 3 p.m. No fee.

FITNESS

Fun Functional Fitness: Improve your strength, balance, and flexibility with this 45 minute class. Light weights and bands are provided for a full body workout. This class can be modified for all abilities. 6 week sessions, Thursdays, 12 - 12:45 p.m. Registration required. \$42 R/\$54 NR.

Line Dancing: Join us for social line dancing. This instructor led class teaches a variety of steps with new dances being taught each week. 6 week sessions, Wednesdays, 10 - 11:30 a.m. Registration required. \$30 R/\$32 NR

Low Impact Exercise: Follow a video that includes light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer led. Mondays and Fridays, 9 - 10 a.m. and 10 - 11 a.m. No fee.

SAIL: Evidence-based exercise program for older adults that includes a combination of aerobic conditioning, progressive strength training, and balance exercises shown to improve risk of falling. Participation agreement is required prior to joining the class. Registration required. Tuesdays and Fridays, 10:15 - 11:15 a.m.. No fee. Not taking new participants through May.

Chair Yoga: A gentle, modified yoga. 6 week sessions, Fridays, 9 - 10 a.m. or 10:15 - 11:15 a.m. Registration required. \$42 R/\$54 NR.

Gentle Mat Yoga: Bring your own mat. 6 week sessions, Tuesdays, 9 - 10 a.m. or 10:15 - 11:15 a.m. Registration required. \$42 R/\$54 NR.

HEALTH

Caregiver Support Group: Sessions focus on helping caregivers as they care for themselves and their loved ones and giving them a safe space to share experiences and learn from one another. 4th Thursday, 1 - 2:30 p.m.. Register at Senior Community Services, 952-767-7890.

Foot Care: Meet with a nurse to address your foot care needs. 1st, 2nd, and 3rd Wednesdays, 9 a.m. - 3 p.m. Appointment required through Happy Feet, 763-346-3390. Fees apply,

Medicare Counseling Appointments: One-on-one appointments to help navigate the often complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-333-2433. 2nd and 4th Tuesdays. No fee.

MUSIC

Music groups are available for performances. New members are always available.

Bloomingtones: A mixed chorale group that sings a wide variety of music from all eras. Rehearsal Fridays, 9:30 a.m. September through May. No fee.

Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert. Thursdays, 9 a.m. - 12 p.m. No fee.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, accordion, and banjos that play oldies, country, and folk music. Rehearsal Thursdays, 10 a.m. September through May. No fee.

RECREATION

Bunco: A multiplayer dice game. 2nd and 3rd Wednesdays, 1 p.m. No fee

Games and Equipment: Cards, board games, and puzzles are available in the library. Check out equipment for bocce ball, table tennis, and Nintendo Wii at the main office to use at Creekside. Call ahead for availability. No fee.

Garden Club: Create, plant, and maintain the gardens and planters at Creekside. No experience needed. Meetings 4th Wednesday, 10 a.m. March through October.

Movies: Enjoy watching a movie with others. Call for movie titles. 2nd and 4th Mondays, 11:30 a.m. - 1:30 p.m. No fee.

Nintendo Wii: Stay active with this gaming system and join our Wii Bowling league on Wednesdays, 12 - 2 p.m. No fee.

Pool Room: For all skill levels. Mondays-Fridays, 8 a.m. - 4:30 p.m. and Women's Pool Thursdays, 1 - 4:30 p.m. \$10 annual membership.

ADAPTIVE RECREATION

Fun monthly activities that adults with disabilities are welcome to participate in.

Adaptive Board Games: 1st Wednesday, 10:30 a.m. - 12 p.m. No fee.

Adaptive Crafts: 3rd Wednesday, 10:30 - 11:30 a.m. No fee.

Dance Your Socks Off: Monthly dance, Friday, March 28, 7 - 9 p.m. \$6.



For more information and to see upcoming special events, visit Creekside's website at:
<https://www.bloomingtonmn.gov/cc/creekside-community-center>

Fare For All: A pop-up grocery store that sells packs of fresh produce and frozen meat at up to 40% off of retail prices. No qualifications. No income restrictions.
Friday, March 21, 11 a.m. - 1 p.m.
Friday, April 18, 11 a.m. - 1 p.m.

History Presentation Series: Step back in time with history presenter David Jones as he brings the past to life in this educational series.

Tuesday, April 8, 10 a.m. - Apollo and the Moon
Tuesday, May 13, 10 a.m. - Charles Lindbergh
Free. Registration Required.



For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov

The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711

