

Fun Functional Fitness

January 9 through February 13
12 – 12:45 p.m.

Improve your strength, balance, and flexibility in this 45-minute class. Light weights and bands will be provided for a total body workout. This class will be modified for all abilities.



Register online at
blm.mn/webtrac
or
scan the QR code



For more information:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711 or Creekside@BloomingtonMN.gov