

Fun Functional Fitness

June 6 through July 18

(no class July 4)

Improve your strength, balance, and flexibility in this 45-minute class. Light weights and bands will be provided for a total body workout. This class will be modified for all abilities.

Register online at
blm.mn/webtrac
or
scan the QR code



For more information:

Creekside Community Center

9801 Penn Ave. S., Bloomington, MN 55431

952-563-4944, MN Relay 711 or Creekside@BloomingtonMN.gov